



Joi Harris

**“When I moved to Canberra in 2023, I didn’t know anyone – until I joined Dance for Wellbeing. It quickly became more than a dance class; it became my community.**

**That’s why I introduced Australia’s Biggest Morning Tea to the group. Cancer has touched my family deeply – my sister with breast cancer, my sister-in-law with brain cancer – and many women in our group have similar stories”**

*Everyone contributes in their own way. My advice? Pick a theme, share your story, and enjoy the moment. Every dollar counts. Just give it a go – it will grow. Most importantly, have fun!*

#### **Support**

Almost 150,000 Australians are diagnosed with cancer each year, meaning there are many families who need practical information and support. Our cancer nurses and trained volunteers on 13 11 20 help them understand treatment options, prepare for medical appointments or organise legal and financial advice. All these services are made possible by you and others like you.



Rocky Ridge Pet Resort

**“On the 1st of October 2022, my 13-year-old boy Jett went blind coming off a flight with his grandmother. I was told over the phone that my beautiful boy was being airlifted to hospital with a large mass in his brain, and I had to say goodbye.**

**I screamed as I slid down the wall, not knowing how I could say goodbye to my son over the phone.**

**Jett was diagnosed with a grade 4 neuroepithelial patzi 1 brain tumour. A very rare but highly malignant brain cancer.**

**Miraculously, Jett is still with us, but sadly, we’ve had to farewell eight other children we’ve met along the way to brain cancer. Jett lives for them.”**

*Our team at Rocky Ridge Pet Resort now host a morning tea to honour these children and offer a safe space for others impacted by cancer. It’s a cause so close to all of our hearts.*

#### **Prevention**

A third of all cancers can be prevented through modifiable risk factors. You are helping Australians reduce their cancer risk by funding our world-leading prevention campaigns. These include encouraging participation in cancer screening programs and providing education on healthy lifestyle choices.



Dr Jiayue Li from the Harry Perkins Institute of Medical Research

**Dr Jiayue Li is developing advanced imaging techniques to improve breast cancer detection during breast conserving surgery. Breast conserving surgery is currently the primary surgical option for patients with early-stage breast cancer, aimed at removing cancerous tissue without the need for completely removing the breast as required in a mastectomy surgery.**

*Currently, the main challenge facing surgeons is that they do not have a tool to reliably tell them if they have removed all cancer during the initial surgery, resulting in one in four women needing a second operation. Dr Li’s research develops advanced imaging techniques to help surgeons see cancer more clearly during surgery, aiming to remove it all the first time, saving patients the pain and distress of undergoing another surgery.*

#### **Research**

Our supporters, like you, have helped us become the largest non-government funder of cancer research in the country, investing \$288 million in Australian cancer research over the past five years alone. Investment in research has helped increase survival rates from 49% in the 1980s to 71% today. Because of research more people are surviving cancer and brilliant Australian researchers are on their way to unlocking more of cancer’s secrets.