

# How your cup helps.



Can help pay for the collection and ongoing storage of a tumour sample used in studies to improve the way we prevent and detect cancers.



Provides up to one week of scholarship funding for a PhD research student. Can pay for a lab assistant for a day to support a researcher with vital laboratory testing.



Helps provide training to leaders of cancer support groups where people can meet and share their experiences in an emotionally supportive environment.



Makes it possible for our 13 11 20 health professionals to help 15 people affected by cancer who need information or emotional and practical support.



Helps provide the community with information about breast, bowel and cervical cancer screening, helping to save more lives.

Turn over to read about the people you're supporting.

[biggestmorningtea.com.au](http://biggestmorningtea.com.au)

#biggestmorningtea



**Cancer Council**  
Australia's Biggest  
Morning Tea

# How your cup helps.

**“Cancer Council were so kind when I spoke with them and asked if we needed any help. We received support in securing accommodation and transport, helping me get from our regional home to the city to access treatment. To us this was a big deal, and we want to repay this back and raise money as a thank you”**

– Norma was diagnosed with thyroid cancer in 2008, for which she was able to be treated for in her regional area. However, in 2018 her cancer had returned and metastasised to her liver and lungs, and treatment wasn't available locally. Fortunately, Cancer Council was able to help Norma when she needed it most.

## Support

Almost 150,000 Australians are diagnosed with cancer each year, meaning there are many families who need practical information and support. Our cancer nurses and trained volunteers on 13 11 20 help them understand treatment options, prepare for medical appointments or organise legal and financial advice. All these services are made possible by you and others like you.



Norma with her husband George and son Jonathan



Kya and her brother Noah

**“In 2004, my partner and I were both diagnosed with cancer, me with breast cancer, he with bowel cancer. After chemotherapy, surgery, radiotherapy, I have survived, but sadly, he passed away.**

**Things have improved so much now, I wake up every day and think I am so grateful. Cancer research in Australia, no one comes near us. I have six grandchildren and I hope they never tell me they have cancer, I want the work to continue on”**

– Susan has now been cancer free for 20 years, and will proudly host her 15<sup>th</sup> Biggest Morning Tea this year in memory of her loving partner, Michael. Susan has also left a gift in her will to help create a cancer free future for generations to come.

## Research

Our supporters, like you, have helped us become the largest non-government funder of cancer research in the country, investing \$288 million in Australian cancer research over the past five years alone. Investment in research has helped increase survival rates from 49% in the 1980s to 71% today. Because of research more people are surviving cancer and brilliant Australian researchers are on their way to unlocking more of cancer's secrets.

**“I hosted a Biggest Morning Tea in honour of my Nan, who had breast cancer. I was very grateful she survived, so I hope that the money I raise for Cancer Council can be used to help save other grandparents from cancer, so they can spend more time with their grandchildren.”**

– Kya, 9, hosted her first Biggest Morning Tea last year in honour of her Nan. She held her morning tea with her mum at their all-ages choir rehearsal, baking treats for everyone and putting a donation box out next to a photo of her Nan – encouraging many other choir members to also share their cancer stories.

## Prevention

A third of all cancers can be prevented through modifiable risk factors. You are helping Australians reduce their cancer risk by funding our world-leading prevention campaigns. These include encouraging participation in cancer screening programs and providing education on healthy lifestyle choices.



Susan and Michael

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